CRASHED PLANE ON AUTOPILOT: OFFICIAL, PG 7

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metro

TORONTO • MONDAY, FEBRUARY 16, 2009 metron

Celebrity pg 18

Brown breaks silence over alleged assault

Early closing for some subway lines

MAINTENANCE A new portion of the TTC Yonge-University-Spadina subway line will be closing early for tunnel maintenance.

Starting at midnight, shuttle buses will be replacing subway service between Finch and Eglinton stations, making stops at Eglinton, Lawrence, York Mills, Sheppard-Yonge and Finch stations.

The disruptions will only take place from Sunday to Friday, including holidays, and is expected to last through early 2010.

Subways will operate normally Saturday nights.

TORSTAR NEWS SERVICE

Riding the Recession

Looking for ways to save money and ride out the economic storm? For the next six weeks, Metro will share advice on how to cut down on expenses and navigate your way through the recession.

• Canada

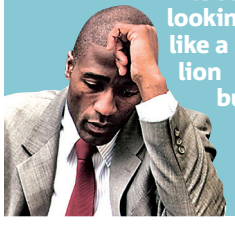
What are economic forecasters predicting for the months ahead, pg 5

• Workology

Tips and advice on how you can stay afloat despite losing your job, pg 14

• Tomorrow

Health — Beauty tips on how to save money while still looking like a million bucks.



Fashion Week **What's hot for fall 2009**

SCOTT GRIES/GETTY IMAGES

A model walks the runway yesterday at the Herve Leger Fall 2009 fashion show during Mercedes-Benz Fashion Week in New York City. **For more on Fashion Week, see page 17.**

Tests for subway shover

Man accused of pushing teens

A psychiatric evaluation has been ordered for a man accused of shoving three teens in the path of an oncoming TTC subway train Friday.

In an allegedly unprovoked attack, a man pushed the teens toward the train, two narrowly escaping serious injury when they landed on the tracks.

Adenir DeOliveira, 47, of Toronto, appeared in court Saturday and was remanded in custody until a bail hearing tomorrow.

A court order was also issued Saturday preventing the naming of the victims or their relatives.

Chaos unfolded at Dufferin station during rush hour Friday when the man violently disrupted the teens.

One victim, 14, rolled to safety underneath the lip of the platform. Grabbing for his fallen friend, 15, he pulled him far enough out of the way that the train struck only his left foot, Toronto transit spokesman Brad Ross said.

THE CANADIAN PRESS

Charges

• Adenir DeOliveira is charged with three counts of attempted murder and two counts of assault.

TTC researching pros and cons of platform-edge doors

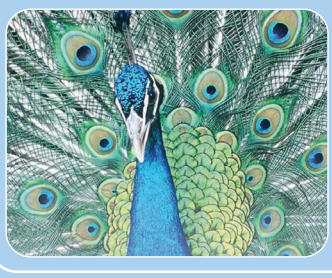
ROBYN YOUNG
for Metro Toronto

Platform-edge doors could have prevented two teens from falling into the path of an oncoming subway train after being pushed at Dufferin station Friday.

Neither boy was seriously injured, but Brad Ross, spokesman for the Toronto Transit Commission, says the TTC continues to research the benefits of the floor-to-ceiling screens.

"We're studying that right now in terms of what kinds of infrastructure would be required to retrofit stations with platform-edge doors, including what the costs may be," he said.

In 2007, the city began a project that will see several stations along the Yonge-University line automated with platform-edge doors by 2012.



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Orillia Square Mall

OSHAWA
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No foul play suspected after body pulled from Lake Ontario
Toronto police do not suspect foul play after a body was pulled out of Lake Ontario yesterday. At about 9:30 a.m., emergency officials were called to Palace Pier Crescent and Waterfront Drive in Etobicoke after a passerby spotted a body floating in the lake, said Sgt. Steve Laramy. TORSTAR NEWS SERVICES

Local

Family Day hurts small business: Group

A new holiday meant to bring Ontario families together may do the trick and boost morale, but as the economy sags it's also being shunned as an unwanted tug on small business's bottom line. Family Day, a ninth provincial statutory holiday introduced by Premier Dalton McGuinty, left, in fall 2007, allows eligible workers to spend Monday off the job. Small- and medium-sized companies effectively end up footing the bill for the holiday, said Judith Andrew, who represents 42,000 members in the Ontario wing of the Canadian Federation of Independent Business. THE CANADIAN PRESS

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Tomorrow's Metro

Comment

Lawrence Martin brings his insights on the world of politics in his column the National Report.

metronews.ca

WHAT'S ONLINE TODAY

Video An interview with a 13-year-old father kicks off wave of "Broken Britain" anxiety at **metronews.ca/world**

Videos New theory says Arctic and Antarctic species have same origins and migrated to polar opposites at **metronews.ca/world**

Lotteries

Friday, Feb. 13
Lotto Super 7: 5, 8, 11, 20, 30, 33 & 45. Bonus 26.
Saturday, Feb. 14
Lotto 6/49: 16, 25, 29, 37, 45 & 49. Bonus 20.
Sunday, Feb. 15
Ontario Pick 3: 9 0 9; **Ontario Pick 4:** 8 0 2 8
Encore: 8486466
Daily Keno: 5, 11, 15, 16, 18, 26, 28, 29, 36, 38, 44, 46, 51, 52, 54, 58, 61, 63, 65, 67.
These results are not official.

News in brief

DOGNAPPED The victim of a dognapping was reunited with its owner yesterday after a woman recognized Fleefus the chocolate Labrador from a "missing" poster and confronted the apparent thief. TORSTAR NEWS SERVICE

Temps get holiday pay

New regulation aimed to help out temporary workers

For factory worker Sateesh Kumar and about 700,000 other temporary workers in Ontario, Family Day is now a pay day.

A new labour regulation that kicked in Jan. 2 gives all temp workers the right to holiday pay — either as a paid day off or as premium pay if they are on the job.

If the province enacts new legislation proposed last December as part of the province's plan to cut poverty, temp workers will soon have the right to severance and termination pay, too.

Proposed changes to the Employment Standards Act would also reduce barriers to permanent employment, eliminate worker fees and improve access to information for temporary workers.

Toronto data entry clerk Lorraine Ferns, 46, who has worked for temp agencies for the past two years earning about $12 an hour, lost about $300 last summer because her agency refused to pay her for Canada Day, the August civic holiday and Labour Day.

She says she's tired of being treated like a "second-class worker" and is now looking for permanent employment.

TORSTAR NEWS SERVICE

What's open?

- Open: The Eaton Centre. Pacific Mall. Woodbine Centre. Retailers on Yonge Street strip and Bloor-Yorkville area. Some supermarkets. City of Toronto offices. Federal offices, including the post office and passport offices. TTC and GO Transit. Movie theatres.
- Closed: Banks. Schools. LCBO/Beer stores. Libraries. Most malls and supermarkets. Parks and Rec programs.

TONY BOCK/TORSTAR NEWS SERVICE

Lorraine Ferns worked all summer for a temp agency and lost three days' pay for public holidays. Labour regulations that came into effect Jan. 2 mean Family Day is the first public holiday that temp workers will get holiday pay.

Pearson to raise fees for passengers

AIRPORT Passengers are going to face another round of fee increases at Toronto Pearson International Airport, but that doesn't necessarily mean the rest of the country's major travel hubs will follow its lead.

On Friday, the not-for-profit Greater Toronto Airports Authority raised its airport improvement fee by $5 to $25 per departing passenger on June 1. The airport operator cited the struggling economy for the move.

However, airports in Montreal and Vancouver both said they aren't planning to boost their charges any time soon, even though they're facing similar economic challenges.

The moves are "in light of the current economic climate, which has resulted in projections for a downturn in passenger traffic," the authority said.

THE CANADIAN PRESS

Peel cops looking into shooting

CRIME Peel Region police are canvassing a quiet Brampton neighbourhood after shots were fired into a home yesterday morning.

At about 7 a.m., emergency officials were called to a house near Chinguacousy Road and Queen Street West after a resident inside said a bullet was fired into his window, Const. J.P. Valade said. "The bullet shattered through the first pane (layer) but not the second."

After noticing the bullet, the victim looked at the window and spotted a gold Nissan car driving away, he added. Valade said police searched all day but did not find the vehicle in question. TORSTAR NEWS SERVICE

McGuinty focused on green plan

PARLIAMENT The recession and the environment will dominate the spring session of the Ontario legislature that starts tomorrow, as the Liberal government prepares to bring in a deficit budget and a Green Energy Act that it hopes will transform the province's ailing economy and create 50,000 new jobs.

The impact of the economic crisis on jobs — more than 71,000 were lost in Ontario last month alone — and on government revenues means the Liberals have a major challenge in preparing a budget that will include a multibillion-dollar deficit and efforts to stimulate the economy.

Premier Dalton McGuinty has warned the province will not tolerate objections to the creation of green energy projects such as wind turbines and solar panel farms as he looks to put idled manufacturing plants back on line to create jobs.

"What I'm pursuing here is an agenda that will take several budgets to implement."
Premier Dalton McGuinty

"We cannot allow small groups and individual municipalities to stand in the way of our greater public interest in good jobs, cleaner electricity and assuming our responsibility in the face of climate change," he said.

"What I'm pursuing here is an agenda that will take several budgets to implement. It'll take a long time to turn this around."

While the government struggles with massive job losses and dramatically decreased revenues, the Conservatives face a crucial by-election March 5 as leader John Tory seeks a seat in the legislature, and the New Democrats will hold a leadership convention March 7.

Tory will be campaigning full time in Haliburton-Kawartha Lakes-Brock near Peterborough as the legislature resumes.

THE CANADIAN PRESS

Rising river to hit S. Ontario towns

THAMESVILLE Residents of several communities in southern Ontario continue to contend with flooding.

In Thamesville, a small community north of Chatham, the downtown core is expected to see substantial submersion.

Streets and parking lots along the Thames River have already been closed and some local merchants will see water fill their basements.

The Lower Thames Conservation Authority says the river is expected to peak this afternoon in Thamesville and by early today in Chatham, with water levels 5.2 metres above normal.

THE CANADIAN PRESS

Times and venue

The Canadian International Auto Show runs at the Metro Toronto Covention Centre and Rogers Centre till Sunday, Feb. 22. Show hours are 10:30 a.m to 10 p.m. daily and 10:30 a.m. to 6 p.m. on Feb. 22. **METRO NEWS SERVICES**

2009 Auto Show

EDITOR: KUMAR.SAHA@METRONEWS.CA

It takes two to ride

Any place for romance at car event?

MARK ATKINSON
for Metro Canada

The Canadian International Auto Show opened Friday in Toronto, and while official attendance numbers have not been released, the positive vibe felt on Saturday morning should certainly please show organizers.

And it wasn't your stereotypical car-show crowd either. While the groups of "gearheads" were gathered pointing at some of the hotter machinery, there were even more couples and families with kids and strollers present, crawling on and through vehicles of every stripe and price. They were folding seats, checking trunk sizes, pushing buttons, and obviously researching for their next big purchase.

"Every second or third year wife humours me and tags along."
Doug Vowles

Scott Ellas and Anne Chambers, of Oshawa, fit into both categories. They are regular attendees of the auto show, and Chambers is as much a car "junkie" as her companion. Ellas said that while they were doing some research this year, their next purchase would still be a couple years away. "We're looking for a vehicle to fit kids when they come along," he said, smiling.

The pair had only been there for an hour or so, but had already assembled a list of favourites they'd seen so far: The new Ford F-150 pickup, the Acura RL luxury sedan, and the compact Suzuki SX4 hatchback. And while Chambers was itching to see the new Cadillacs on display, Ellas was hoping that there would be examples of the 2010 Chevrolet Camaro — built in their hometown — on the show floor. "I want to convince my old man to get a Camaro. I hope they have them open this year," he said.

Perhaps more fitting the car-show mould, Richard Willard and Justin Hayden, friends from Walkerton, were excited to learn that the new Ford Raptor SVT — a showroom-ready off-road racer — was in the building.

"Oh, we've gotta see that!" Willard said. The pair were there to check out the new metal, but weren't in a position to buy. "If I had money, I'd be shopping," Willard explained. And while they were more interested in off-roading, they were both eager to see the new Audi R8 5.2 FSI supercar and declared the Kia Coupe concept the best thing they'd seen so far.

Organizers explained last week that having the show's opening weekend overlap both Valentine's Day and Ontario's Family Day would help boost attendance numbers, but can anyone really call an auto show romantic?

Doug and Anne Vowles were interested in the Transport Canada display of current and future propulsion technology. "Hybrids, electrics, hydrogen fuel cells," Doug said. "We're always researching." And while Doug wouldn't miss the show for anything, this year is a special one: "Every second or third year my wife humours me and tags along." Now that's a Valentine's Day present!

DAVID COOPER/TORSTAR NEWS SERVICE

Visitors check out the Corvette exhibit at the Canadian International Auto Show in Toronto Friday.

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Arrests made after puppies abandoned in sub-zero temperatures
The RCMP have arrested two men after a trapper recently found five puppies abandoned in -30 C weather amid a clump of alder bushes in rural Cape Breton. Police say the two men from Wagmatcook, N.S., were released from custody Saturday. Both are scheduled to appear in court on April 20. THE CANADIAN PRESS

Canada

Organizers expected to torpedo battle

The controversial re-enactment of the 1759 defeat of French forces on Quebec City's Plains of Abraham has been cancelled, Montreal media reports say. Andre Juneau, head of the National Battlefields Commission that administers the Plains, refused to confirm the reports the mock battle was called off, but said a revised program will be announced next Tuesday for the 250th anniversary of the clash. THE CANADIAN PRESS

Obama's Canadian ties

Irish rock star Bono once said the world needs more Canada. In Barack Obama's case, he's had a decent dose for years.

Unlike George W. Bush, a Texan who had deeper ties with Mexico than with his northern neighbour, Obama has had important personal and professional ties to Canada.

Foremost among them is his brother-in-law, Konrad Ng, a native of Burlington. Ng is married to Obama's sister, Maya Soetoro-Ng, and is a close friend to the president.

Obama, his wife, Michelle, and their kids tooled around Burlington, Niagara Falls and Mississauga in a rental car in 2004 while celebrating Maya and Konrad's nuptials. The newlyweds brought the Obamas to Burlington's waterfront Spencer Smith park for some outdoor time between scheduled festivities.

Joan Ng, Konrad's mother and a Burlington-area artist, says the family doesn't generally talk about subjects like Canada-U.S. relations, but she knows Obama feels positively about Canada.

"I'm very happy. I have no doubt he wants to get along with all the neighbour countries," Ng said in an interview.

"I'm sure he wants to be a good neighbour — we're Canadian, so I'm sure that helps."

> **"We're very excited about it all. We just go along for the ride."**
> Joan Ng, mother of U.S. President Barack Obama's brother-in-law

The Ngs and Obamas get together frequently, for Christmas, Thanksgiving and summer holidays. Joan and husband Howard have witnessed some of the high points of Obama's career.

"We're very excited about it all. We just go along for the ride."

Obama has also had key Canadians among the Red Bull-fuelled, BlackBerry-toting members of his entourage. Marvin Nicholson, originally from Victoria, was Obama's main logistics man during the long election campaign and remains the president's trip director. He's running the show for the Ottawa visit.

Nicholson's rise to the White House sounds like the stuff of screenplays.

As a university student, he spent summers working at different Vancouver Island golf courses. He followed a love interest to Massachusetts, and met Senator John Kerry while caddying at a Nantucket golf course. Kerry tried to woo him away, but Nicholson had another job offer at Augusta National, caddying for the rich and famous.

When that was over, Nicholson signed up with Kerry and stayed with him as his personal assistant through Kerry's presidential bid and beyond until 2006. That's when the Obama team snapped him up.

"If it hadn't been for (Marvin), we would not be where we are," Obama told the Victoria Times-Colonist days before the election.

Working with Nicholson on the Ottawa trip is Jean-Michel Picher of Toronto, a University of Western Ontario graduate.

Picher was also a fixture on the Obama tour over the last two years, travelling alongside the candidate to events across the United States.

THE CANADIAN PRESS

FILE PHOTO

National Economic Council director Lawrence Summers listens as U.S. President Barack Obama and Vice-President Joe Biden speak about the Middle Class Working Families Task Force.

Ignatieff's in at the White House

Call it the Crimson connection.

Michael Ignatieff has taken a lot of political grief for spending almost three decades living outside Canada, including five years teaching at Harvard University.

But as he prepares for a brief meeting Thursday with fellow Harvard alumnus U.S. President Barack Obama, the Liberal leader stands to reap some dividends from the Ivy League connections he made at one of the world's most prestigious universities.

Ignatieff never crossed paths with Obama, who is 15 years his junior, at the august institution. But he did forge friendships with people who are now among the key movers and shakers in the Obama White House.

Conservatives, however, dismiss the notion sharing mutual friends with the president will have any influence on the diplomatic, economic and trade relationships between Canada and the United States.

Kory Teneycke, Prime Minister Stephen Harper's director of communication said: "It is not surprising, given that (Ignatieff) spent most of his professional life in the United States, that he would know more Americans than Stephen Harper, who's spent his professional life — in fact, his entire life — living in Canada."

Actually, Ignatieff worked only five years in the U.S., as director of the Carr Centre for Human Rights Policy at Harvard's John F. Kennedy School of Government.

THE CANADIAN PRESS

Canadians preparing for a rocky economic ride

JESSICA SMITH
for Metro Canada

Riding the **Recession**

The evidence is mounting. Canadians are buckling down for a recession by saving their money and worry about job loss is on everyone's lips as they see their wealth in stocks and real estate diminish.

"There are a number of tangible ways that people feel a recession," said TD Bank Financial Group director of economic forecasting, Beata Caranci.

> **"There are a number of tangible ways that people feel a recession."**
> Beata Caranci

Economists generally define a recession as "two back-to-back quarters of contraction in an economy," but there are other concrete signs that point to a recession, she said. Both the U.S. and Canada are experiencing a slowdown in income growth, significant job losses, and a decline in industrial production — all markers people feel directly.

In Canada, the recession began in the last quarter of 2008. Between the peak of employment in October 2008 and the end of 2009, Caranci predicts Canada will see 400,000 job losses.

"So, clearly it affects people directly," she said. "And people, often when they're worried about their future, they start thinking about savings more."

When people spend less money, businesses suffer, she added.

"In this cycle we're seeing about a 30 per cent decline in corporate profits, and that would be the largest annual decline on record. So, obviously as profits decline, stock market wealth is affected, and you see real estate wealth being affected because home prices fall as confidence falls."

Caranci predicts the most job losses will come in the next six months, and then the fiscal and economic stimulus provided by governments will start to take effect.

Carnival **Baby, it's cold outside**

JACQUES BOISSINOT/THE CANADIAN PRESS

Snow bathers pose for a picture with Bonhomme, the official mascot, as part of the annual Quebec Winter Carnival snow bath Saturday in Quebec city.

News in brief

PRIVACY The federal government is repatriating a database of personal information about Canadian citizens after warnings the U.S. government might misuse it.

BIRD FLU All 12,000 birds on a second Fraser Valley property to be hit with avian flu have been destroyed. There are 45 properties in the area under quarantine. THE CANADIAN PRESS

Seniors abuse complaints almost triple since 2001

HEALTH CARE Complaints of abuse in Manitoba's nursing homes — everything from bloody noses to sexual abuse — have skyrocketed in the last few years, almost tripling since the province started formal reporting in mid-2001.

Figures provided to The Canadian Press show the province received almost 1,500 complaints last year compared to fewer than 600 complaints in 2002. Just more than 1,000 of those complaints were about incidents of physical abuse.

Sexual abuse complaints have also more than doubled, jumping to 114 last year from 42 in 2002. The bulk of complaints alleged a nursing home resident had abused a fellow patient.

Despite the growing number of complaints, the province is conducting fewer investigations. The province investigated 156 complaints in 2002, but last year only 55 complaints were examined.

Paul Lamoureux, manager of Manitoba's protection for persons in care office, said the vast majority of incidents don't require in-depth investigation.

Lamoureux said the number of investigations that found evidence of abuse has gone down to 37 last year from 122 in 2002.

THE CANADIAN PRESS

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Comment & Views

Comment

Making of a bag lady

HineSight

Anne Hines

In my city, BYOB has recently taken on a whole new meaning. Most grocery stores are now bring your own bags. As of July 1, it will be the law here. So wherever I go, I'll be schlepping bags.

Now, I am in favour of saving the environment. If asked, "Would you prefer the Earth to be (a) a leafy oasis full of frolicking baby seals, or (b) a smouldering fire ball?" I'd answer (a) every time.

And I know that every year factories in this country spew tons of toxic gases into the air and dump oceans of non-organic waste into our water system. Clearly, the government had to act. So it decided to solve the problem by making us bring our own shopping bags to stores.

The thing is, I don't always remember my bags. I stand in checkout lines in a cold sweat. The cashier eyes me coldly, "Do you need to buy bags?" If I say "yes," I might as well have "Earth Hater" tattooed on my forehead.

I could pretend I have a dog. If you have a dog, buying plastic bags is not just socially acceptable it's downright irresponsible. I never have dog food in my cart. Damn. I should carry decoy dog food in case of just such an emergency.

Usually, I do the only sensible thing possible. I exit the store with boxes of Pop Tarts wedged under my arms and a pot roast shoved into my purse.

I have to admit in those moments I've wished there were a way to tell the government how I feel about its "go after the little guy first" approach to saving the world.

Then yesterday, I saw my doctor for a checkup. She suggested that I have a sample of my … um … you know, a sample checked. "Do I go to the lab?" Her: You just put it in this envelope and mail it to a government office.

I suddenly thought, "What a wonderful country we live in." Do you think people living under communist regimes are allowed to send poop to the government? I think not. These people only dream of such things.

This is not a perfect system. You're only allowed one envelope and you don't get to choose which government office you send it to.

But I did leave the doctor's office thinking that not every government program seems designed to provoke me. This one was excellent. They had even given me the bag.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.

MICHAEL DE ADDER

Views

Lack of drivers can't keep up TTC service

InTransit

Ed Drass

transit@eddrass.com

Last November, the TTC expanded bus service across Toronto, but now has to "temporarily" readjust schedules during peak hours because there are too few buses and drivers.

The rush hour changes do not appear to roll back the impressive off-peak increases of 2008. Instead, the revised timetables will hopefully just reflect current reality: The TTC can't reduce rush hour crowding the way it promised — at least not yet.

New schedules took effect yesterday. Riders should check ttc.ca to see if their routes are affected. These more "realistic" timetables may be in effect until summer, when frequencies are normally reduced anyway.

As transit critic Steve Munro puts it, the real challenge of providing enough buses and drivers comes "in September when 'full' service should return to the system."

Readers, perhaps you could observe bus crowding over the next few weeks and then drop me a note via transit@eddrass.com.

Following the two big service increases in the winter and fall of 2008, my own waits for buses and streetcars seem shorter. I usually travel within central Toronto (i.e., south of Lawrence Avenue), and it just feels as if vehicles arrive more frequently than they used to.

That said, the transit commission needs to explain why it raised the expectations of customers with announcements of service increases even though there weren't enough buses or operators to do the whole job.

The driver shortage is not new — other GTA agencies have also had trouble filling positions — but once again there's the appearance that the TTC cannot fix problems at anything but a glacial pace.

When it comes to finding good people to drive buses, let's recognize this is not an easy job. Some riders may scoff, but the requirements for operating TTC vehicles are actually quite rigorous. Successful candidates must transport us safely on roads that are often congested (and lately, full of potholes).

The agency must acknowledge systemic failures in attracting and keeping drivers — but not weaken its standards in response.

As for the shortage of vehicles, there is no sign the TTC has really learned from the recent hybrid electric debacle, where politicians were allowed to dictate the purchase of unproven technology.

Riders have to put up with unnecessary crowding because the powers that be can't provide proper bus, streetcar and subway capacity.

Ed Drass has a degree in urban studies from York University and regularly rides transit in the GTA.

Quick Tips

- If you haven't yet discovered, Family Day means reduced service for most transit systems today. For a complete GTA rundown, including links to official sites, check the Feb. 9 post at transit.toronto.on.ca — it's a reliable source.

Letters

Atheist ads won't promote understanding

Re: Atheist ads promote debate, understanding (Feb. 5)

It is plain to see that spirituality has a strong bearing on morality, apart from a few exceptions. No wonder our society is suffering from murders, rapes, and assorted crimes. Toronto transit will have contributed to the furtherance of these evils, which will continue.

As per the 30th anniversary Reader's Digest Reader, Nobel Prize winner Dr. Robert Millikan said, "Just how we fit into the plans of the Great Architect and how much He has assigned us to do, we do not know, but if we fail in our assignment it is pretty certain that part of the job will be left undone. But fit in we certainly do somehow, else we would not have a sense of our own responsibility. A purely materialistic philosophy is to me the height of unintelligence."

I applaud the Victoria and Halifax transit systems. Shame on Toronto transit.

ABE SAMUEL, CALGARY

Mandatory helmets welcome

The NHL Players' Association decision to make helmet use compulsory during hockey fights is a welcome move.

These injuries and fatalities must be prevented and controlled and needs no further discussion. Players who refuse to wear helmets during fights should be banned from playing hockey.

Injuries account for $12 billion of health-care expenditure per year. After cancer and cardiovascular disease, injuries are the most costly condition for our health-care system. Injury is the leading cause of death and hospitalization of Canadians under 45 and the fourth leading cause of death among all Canadians.

DR. EDIRIWEERA DESAPRIYA, VANCOUVER

Metro Online Poll Results

16% SAID YES	Should Canada accept former Gitmo detainees as refugees? *Weigh in on today's question at metronews.ca*	84% SAID NO

It's your turn to tell others what you think. Email your thoughts and opinions to: torontoletters@metronews.ca
Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. We reserve the right to edit letters.

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Man arrested for a string of murders in New York state 7
Two sheriffs in Western New York say a 34-year-old man has been arrested after two people were killed outside a hospital and a couple were slain at their home. THE ASSOCIATED PRESS

World

Autopilot left on before Buffalo crash

Pilot may have violated safety rules: Expert

The commuter plane that crashed near Buffalo was on autopilot until just before it went down in icy weather, indicating the pilot may have violated U.S. government safety recommendations and the airline's own policy for flying in such conditions, an investigator said yesterday.

Federal guidelines and the airline's own instructions suggest a pilot should not engage the autopilot when flying through ice. If the ice is severe, the company that operated Continental Flight 3407 requires pilots to shut off the autopilot.

"You may be able in a manual mode to sense something sooner than the autopilot can sense it," said Steve Chealander of the U.S. National Transportation Safety Board, which also recommends pilots disengage the autopilot in icy conditions.

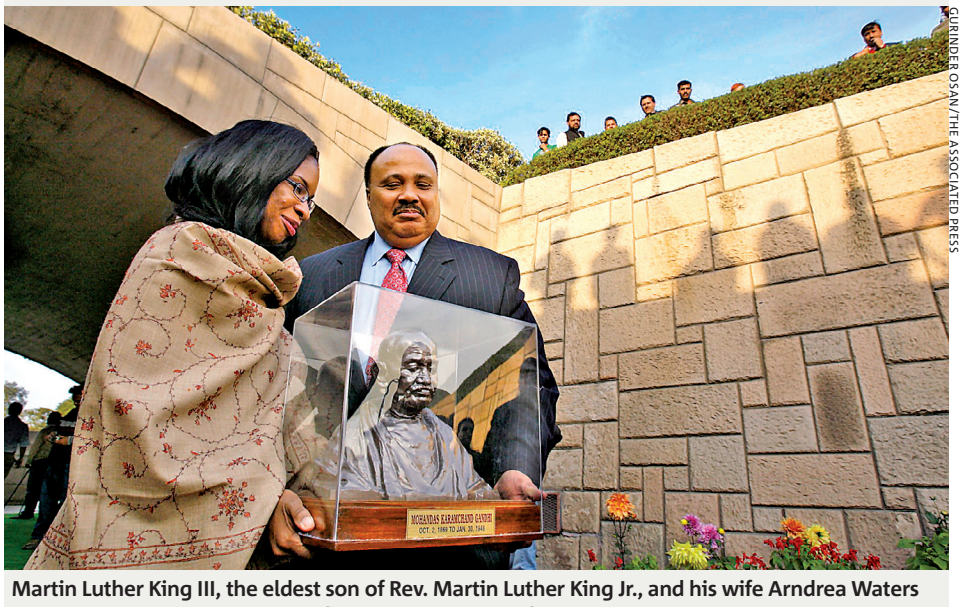
Automatic safety devices returned the aircraft to manual control just before it fell from the sky, Chealander said.

During yesterday's briefing, Chealander described the flight's frantic last moments, which included a steep drop and rollercoaster-like pitching and rolling.

The plane crashed belly-first on top of a house Thursday night, killing all 49 people on board and one person on the ground.

THE ASSOCIATED PRESS

India **MLK's son honours Gandhi**



GURINDER OSAN/THE ASSOCIATED PRESS

Martin Luther King III, the eldest son of Rev. Martin Luther King Jr., and his wife Arndrea Waters King pose with a souvenir bust of Mohandas Gandhi after visiting his memorial in New Delhi yesterday to commemorate the 50th anniversary of King's father's visit to India to study nonviolence.

News in brief

AFGHANISTAN The Afghan government will take part in a U.S. strategic review of the war in Afghanistan, President Hamid Karzai said yesterday in a sign of increased co-operation at a time of strained relations.

VENEZUELA President Hugo Chavez, already a decade in power, tried yesterday for a second time to win the right to seek re-election far into the future in a referendum.

FOUND Two Canadian hikers who hadn't been seen since Wednesday have been found safe in New Hampshire's White Mountains.

THE ASSOCIATED PRESS

Britons worried about the country's social breakdown

SOCIETY Ahhh, Britain. The land of Shakespeare and the Beatles, Churchill and the Queen. Rolling green hills, groovy London shops, hip plaids splashed over raincoats and umbrellas.

Cut to the reality of 2009: The highest teen pregnancy rate in western Europe, a binge-drinking culture that leaves drunk teens splayed out in the streets and rising knife crime that has turned some pub fights into deadly affairs.

In the latest symbol of what some are calling "broken Britain," 13-year-old Alfie and his 15-year-old girlfriend Chantelle became parents last week. The news sparked a flurry of hand-wringing from the media — and even ordinary folk admitted it didn't help that Alfie barely looked 10, let alone 13.

Sir Bernard Ingham, once press secretary to former prime minister Margaret Thatcher, told The Associated Press that people from across Britain's political spectrum are in despair over the country's social breakdown.

THE ASSOCIATED PRESS

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Trump to self: You're fired!

Donald Trump has fired himself from the casino company that bears his name. Spurned by bondholders who rejected his effort to buy Trump Entertainment Resorts, the real estate mogul and his daughter Ivanka are resigning from its board of directors. THE ASSOCIATED PRESS

Business

Wireless industry bullish

Chances are, you have a cellphone in your pocket or your purse. That it one reason the wireless communications industry is feeling more bullish than most in these tough economic times as about 50,000 industry officials converge in Barcelona, Spain, for an annual four-day Mobile World Congress that opens today.

THE ASSOCIATED PRESS

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

In brief

FRANCHISE Citigroup has denied reports that it plans to sell its Mexican banking franchise amid pressure to shore up capital and streamline its operations. The Wall Street Journal says the New York bank is weighing whether to sell Grupo Financiero Banamex.

THE ASSOCIATED PRESS

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CRTC to review Internet policy

Canadians are watching more videos and TV shows that aren't required to have home-grown content via their computers and cellphones, but after a decade of explosive Internet growth the CRTC will review its hands-off approach to the medium.

"There's more Canadian content just on YouTube than all three major TV networks combined."
Jacob Glick, Google's Canada policy counsel

The federal broadcast regulator will begin hearings tomorrow in Hull, Que., to review its policy of allowing broadcasting content to be unregulated on the Internet and cellphones.

"If Canadians don't encourage Canadian content on the Internet, who will?" asked Ian Morrison of Friends of Canadian Broadcasting.

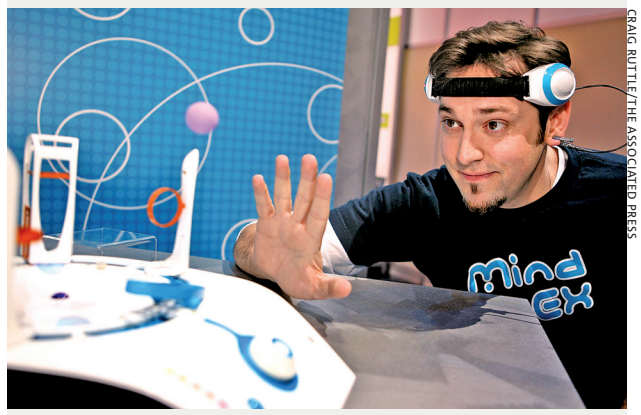
He said the Internet has changed from being text-dominated since 1999 when the Canadian Radio-television and Telecommunications Commission decided to take a hands off approach.

Search engine giant Google likes the status quo.

"There's more Canadian content just on YouTube than all three major TV networks combined," said lawyer Jacob Glick, Google's Canada policy counsel.

THE CANADIAN PRESS

Brain power **Mattel's new game**



CRAIG RUTTLE/THE ASSOCIATED PRESS

A Mattel employee demonstrates Mind Flex, a game where players with a brain-scanning headset use brainwave activity to move a floating ball on a specific path and through obstacles, at the Javits Center in New York as part of the American International Toy Fair that runs through Wednesday.

California eases 'Arnie days'

JOBS California's largest state employee union has reached an agreement with the state to cut the number of days workers are furloughed to one a month.

Gov. Arnold Schwarzenegger had ordered the 200,000 state workers to take off the first and third Friday of each month without pay. THE ASSOCIATED PRESS

Obama demands sacrifice from all

AUTOS U.S. President Barack Obama's senior adviser said yesterday any plan to shore up the auto industry will require sacrifice by all, from auto workers and executives to shareholders and creditors.

His statement came just before negotiations about such concessions were set to resume between General Motors and the United Auto Workers. Bargaining had broken off Friday night. THE ASSOCIATED PRESS

G7 vows to avoid protectionism

DOWNTURN The Group of Seven finance ministers pledged Saturday to avoid resorting to protectionism as they try to stimulate their own economies in the face of the worst economic crisis since the 1930s. THE ASSOCIATED PRESS

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Let nature help dry your clothes

Hang your clothes up to dry. One load in the dryer uses enough energy to toast 250 pieces of bread, according to Change The World For Ten Bucks: 50 Ways To Make A Difference. METRO NEWS SERVICES

Going Green

Greenest notebook

The Toshiba Portégé R600 was named the greenest notebook in Greenpeace's second annual Green Electronics: The Search Continues survey. The survey assessed more than 50 consumer electronics on their use of hazardous chemicals, energy efficiency, overall product life cycle and other factors such as the promotion of environmental friendliness and innovation. METRO NEWS SERVICES

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

Putting a charge into vehicles

Hybrids and electric cars are sound decision for the environment

EarthTones

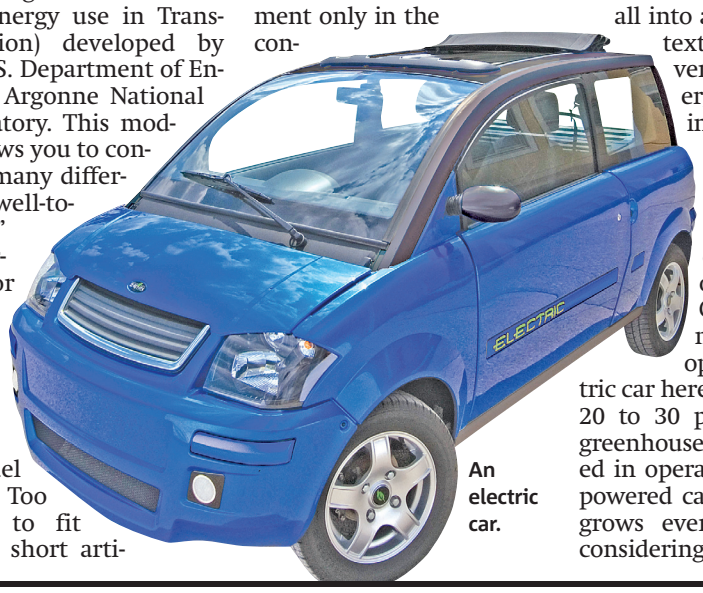
Sophia Dore & Andrew Laursen

earthtones.metro@gmail.com

In his first week in office, U.S. President Barack Obama announced that his administration would let states independently regulate fuel efficiency standards. This gives unprecedented power to states like California to transform the North American auto industry, which will have a tremendous influence on the cars we drive here in Canada.

With a new imperative on Detroit (spun to appear as enthusiasm), the Big Three are finally getting on track with new electric models, electric/gas hybrids, and even electric/diesel hybrids. Many people share skepticism about hybrids and electric cars because, of course, electricity does not come free. Cars that run on electricity do not produce greenhouse gases during operation, but the production of the electricity to charge batteries certainly does. With this in mind, we thought it would be a good time to look at the question of what cars make sense from an environmental standpoint.

A good starting point for comparing vehicles is the GREET Model (Greenhouse gases Regulated Emissions and Energy use in Transportation) developed by the U.S. Department of Energy's Argonne National Laboratory. This model allows you to consider many different "well-to-wheel" scenarios for energy generation, delivery, and fuel use. Too many to fit into a short article like this.



An electric car.

But, in brief, running scenarios for passenger cars and assuming the United States' current energy portfolio (how they generate electricity), electric cars do outperform conventional gasoline-powered cars, using about 60 per cent of the energy, and producing about 70 per cent of the greenhouse gases.

Of course, your new Mustang or Charger is not a one-trick pony. Too often we think of the environment only in the context of greenhouse gases. Diesel and gas cars do outperform electric cars in terms of sulfur oxide (SOx) and fine particulate matter production in the U.S., mostly due to the large number of coal-fired plants in the U.S. Oxidized sulfur compounds in the atmosphere cause acid rain and fine particulate matter contributes to respiratory diseases.

So far, we have been talking about a U.S. context, and it is worth putting this all into a Canadian context. We have a very different energy portfolio, using more hydro- and nuclear-generated power. In 2003, Canada produced about one-third the CO2 per MWh, meaning that operating an electric car here might produce 20 to 30 per cent of the greenhouse gases generated in operating a gasoline-powered car. The disparity grows even larger when considering the carbon-intensive extraction of oil-sands petroleum.

So, what does this all mean? Conventional gasoline engines are the worst of the lot, no surprise there.

Here in Canada, go ahead and buy that hybrid or new electric model and feel comfortable that you are making a sound decision for the environment. However, the surprise is that, given the current energy portfolio in the United States, gas hybrids can only beat diesel cars for energy efficiency and greenhouse gas production if you run on the electric motor more than 50 per cent of the time. Even then, these hybrids will be responsible for more SOx and particulate matter in the atmosphere. Although these same hybrids would outperform diesels in Canada's power mix, the auto industry should be building and marketing more diesel models given the infrastructure realities to our south.

Sophia Dore is an environmental scientist with Conestoga-Rovers & Associates. Andrew Laursen is an assistant professor at Ryerson University.

Canada, U.S. in harmony on environment: Prentice

Federal Environment Minister Jim Prentice says his government and that of U.S. President Barack Obama share common principles on fighting climate change that will go a long way toward working out a North American environmental accord.

"When you actually look at what the new president has said and what our government has been saying there's actually a high degree of consensus and commonality," Prentice said from Calgary on Saturday.

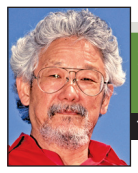
Obama's positions on climate change are often contrasted with those of Canada's Conservative government.

Critics point out the new U.S. administration has said it favours absolute reductions on greenhouse gases while Tories north of the border prefer so-called intensity caps, which would still allow emissions to rise.

As well, Obama's spending promises on alternative energy dwarf those in the recent Canadian budget.

Still, as Ottawa prepares to welcome Obama on his first presidential visit, Prentice maintains the two countries share a common approach.

THE CANADIAN PRESS



SMALL STEPS
David Suzuki
Turning your life green

Green your home, get reduced rates

SAVINGS Did you know some Canadian banks will reduce your interest rate on a mortgage by as much as one per cent if you invest in certified Energy Star appliances, windows, or heating and cooling equipment in your house? That can add up to $2,000 in your pocket.

Meanwhile, the Canadian Mortgage and Housing Corporation gives qualified homeowners a 10 per cent green refund on mortgage loan insurance premiums if you buy or build an energy-efficient home, or make energy-saving renovations to existing homes.

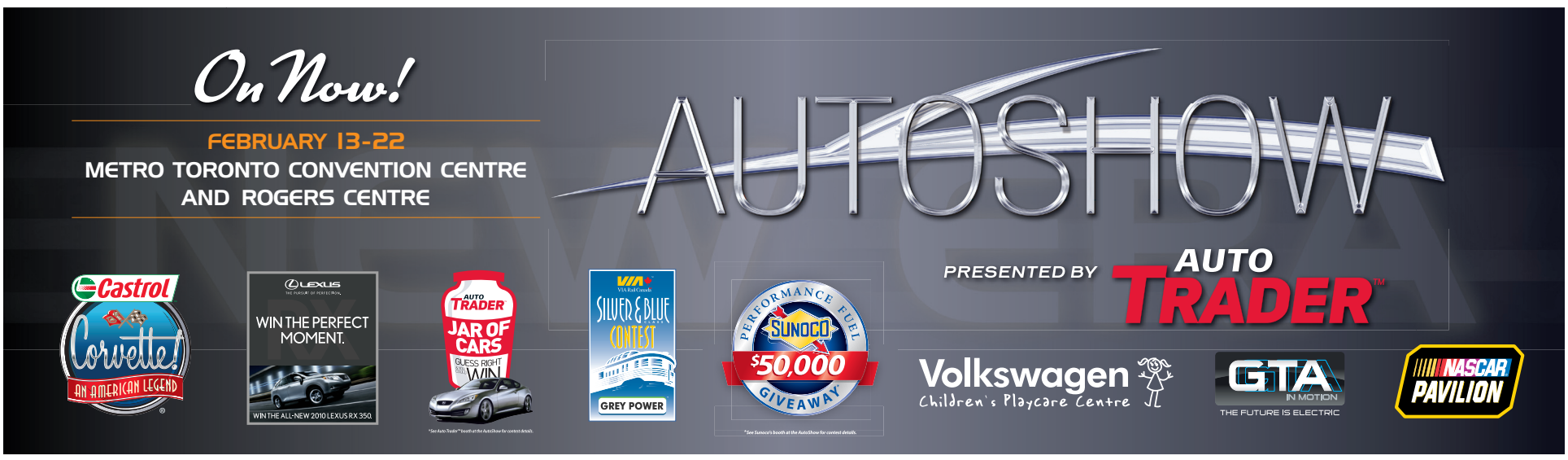
DAVID SUZUKI FOUNDATION

News in brief

CONCERN Researchers say despite widespread concern over global warming, humans are adding carbon to the atmosphere even faster than in the 1990s. Christopher Field of the Carnegie Institution for Science said carbon emissions have been growing at 3.5 per cent per year since 2000. He says that's up sharply from the 0.9 per cent per year in the 1990s.

ARCTIC A team of British explorers is preparing for an expedition later this month to measure the Arctic ice. Neil Hamilton, director of Arctic programs for the World Wildlife Fund, said the planned ice measurements are vital in assessing the progress of climate change.

THE CANADIAN PRESS



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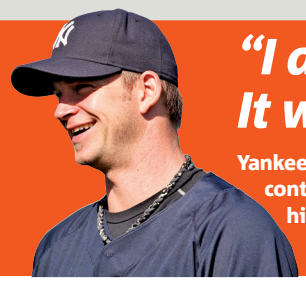
Therrien fired by Penguins

The Pittsburgh Penguins fired head coach Michel Therrien yesterday and named Dan Bylsma as his interim replacement. Therrien was relieved of his duties following Pittsburgh's 6-2 loss to Toronto a day earlier. METRO NEWS SERVICES

Sports

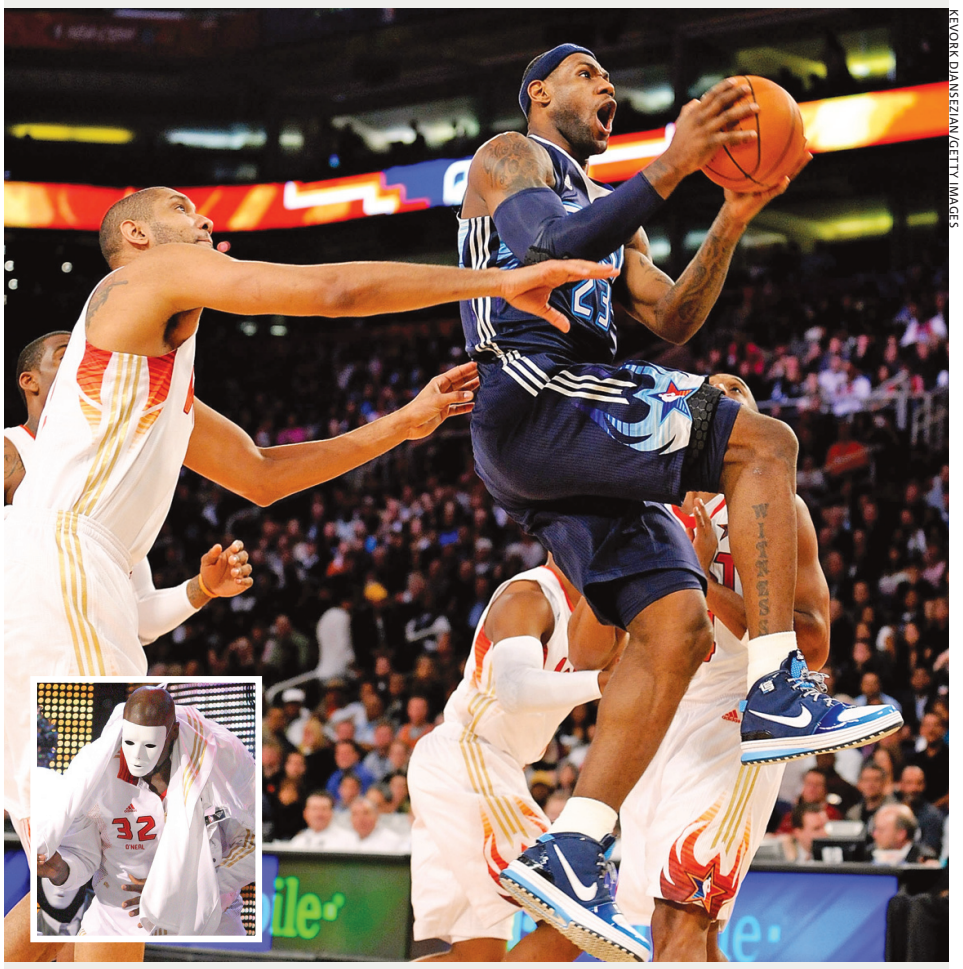


"I don't think I'm the bad guy ... It was a very emotional winter for me."

Yankees pitcher A.J. Burnett, left, to the Toronto Star, on opting out of his Blue Jays' contract and signing with New York. Burnett also credited Roy Halladay with helping him mature as a major leaguer during his days in Toronto. METRO NEWS SERVICES

EDITOR: JOHN.CHICK@METRONEWS.CA

NBA All-stars converge in Phoenix



KEVORK DJANSEZIAN/GETTY IMAGES

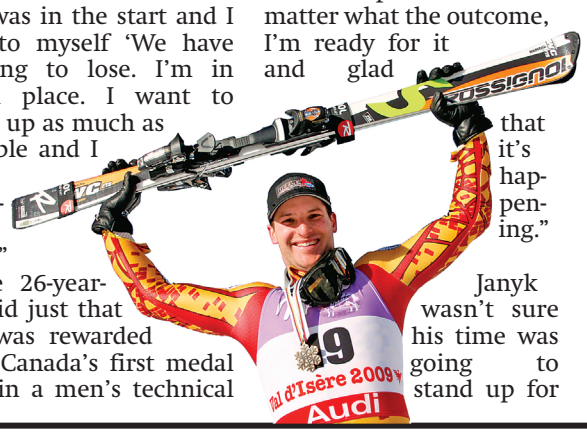
LeBron James drives to the basket past Tim Duncan in the NBA all-star game last night. Inset: Shaquille O'Neal is introduced in a mask from a dance troupe prior to the game. For a complete game recap, visit www.metronews.ca/sports.

Breakthrough for Canada on the slopes

Canadian ski racer Michael Janyk stood at the top of an icy pitch where so many hopes had been shattered yesterday with one thought: Podium or bust.

In a scenario that could be similar to one he'll face in next year's Olympics in his hometown of Whistler, Janyk knew he had to risk it all in his second run of the men's slalom, the curtain closer at the world alpine championships in Val d'Isere, France.

"I was in the start and I said to myself 'We have nothing to lose. I'm in ninth place. I want to move up as much as possible and I need to attack.'"



The 26-year-old did just that and was rewarded with Canada's first medal ever in a men's technical event at the world championships, winning a bronze medal in the men's slalom.

"It gives me a lot of confidence, knowing that I can perform on a big day," Janyk said.

"With this result today, for sure it will bring more pressure to next year and the Olympics, but as I see it not too many athletes get the chance to race in their hometown, especially their home country for the Olympics. No matter what the pressure and no matter what the outcome, I'm ready for it and glad that it's happening."

Janyk wasn't sure his time was going to stand up for a medal, but as he stood at the bottom of the course watching the favourites go down he began to realize he might just pull it off.

"When I saw the guys who were ahead of me in the first run making those mistakes, I started to get a bigger smile and a bigger smile."

Manfred Pranger of Austria won the gold in a combined time of one minute, 44.17 seconds, ahead of Frenchman Julien Lizeroux (1:44.48) and Janyk (1:45.70).

TORSTAR NEWS SERVICE

More podiums

- Christine Nesbitt and Kristina Groves earned Canada two more medals at a World Cup long-track speedskating competition yesterday. Nesbitt, of London, Ont., placed second in the women's 1,500-metre competition, while Groves, of Ottawa, was third.

Trade 'as much about right now'

NBA After weeks of speculation, the Raptors and Miami Heat pulled the trigger on a trade Friday that sent Jermaine O'Neal and Jamario Moon to Miami for Shawn Marion and Marcus Banks.

"We obviously have time to make a run for the playoff position we're seeking," Raptors GM Bryan Colangelo said Friday.

"This transaction makes us better and more competitive. This is as much about right now as it is about the future." Marion is a free agent after the season, giving Toronto some flexibility with his $17.8-million US contract able to come off the books. It also allows the Raptors to part ways with O'Neal's contract, which has one year left on it.

Marion

"In retrospect I don't want to say the Jermaine O'Neal deal was a complete failure," Colangelo said. "But I think our team has not performed at the level this year it could have and should have."

The Raptors, five games behind Milwaukee for the eighth and final Eastern Conference playoff spot, also gave up a conditional draft pick, and received cash in return.

Marion and Banks are expected to make their Raptors debut Wednesday against Cleveland.

METRO NEWS SERVICES

Mitchell's need for speed

John Mitchell hated — simply hated — doing it as a kid. But he admits now all those power skating lessons were worth it.

And not just because the 24-year-old rookie was crowned the fastest skater on the Maple Leafs yesterday at the team's skills competition.

"I went power skating every year when I was a kid," Mitchell said. "I never wanted to do it. But it's a skill. If you can't skate, you can't play."

Jason Blake was the first of six skaters, and did a lap around the Air Canada Centre in 13.876 seconds. It held through laps by Mikhail Grabovski, Dominic Moore and Jamal Mayers until Mitchell broke through with 13.848, a difference of a blink of an eye. Nikolai Kulemin was the last skater.

"Those guys are pretty fast, but knew I could skate pretty quick," Mitchell said. "I knew I could compete with the best of them. I think I proved it."

Mitchell has just about everything scouts look for in a player. Impressive size at 6-foot-1 and 195 pounds. A decent shot with an ability to score. And, of course, speed.

But he doesn't always use his attributes at the same time. Part of that goes hand-in-hand with being a rookie.

"The more you play, the more offensive chances you're going to get," Mitchell said. "The more opportunities I get, I have to prove to them I can put up numbers and help the team win."

TORSTAR NEWS SERVICE

Skilled Leafs

- Fastest skater (once around rink): John Mitchell, 13.848 seconds
- Hardest shot: Pavel Kubina, 103.8 mph
- Judged shootout: Jason Blake
- Shooting accuracy: Kubina (4-for-6)
- Survivor shootout: Alexei Ponikarovsky (3-for-3)

Open to waiving

- Leaf defenceman Pavel Kubina said yesterday he's willing to waive his no-trade clause, but would rather stay in Toronto.

Kenseth wins wet Daytona 500

RACING Matt Kenseth won the Daytona 500 during a rain delay that handed the former champion his first victory in NASCAR's biggest race of the year. Kenseth passed Elliott Sadler with 54 laps to go in yesterday's race. Caution came out moments later for an accident started by Paul Menard, and the rain that had been threatening arrived. THE ASSOCIATED PRESS

Sports in brief

NFL Buffalo Bills running back Marshawn Lynch was arrested on a weapons charge, police said yesterday. Lynch was arrested Wednesday in a 2006 Mercedes-Benz in a Los Angeles suburb and police allegedly found a loaded firearm. Lynch was arrested after officers determined the gun belonged to him.

SOCCER David Beckham hurt his hamstring in AC Milan's 2-1 loss to Inter Milan yesterday, days after his MLS team cut off talks of transferring him to the Italian side. Beckham played 56 minutes before being replaced.

THE ASSOCIATED PRESS

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Metro Workology exclusive: Matters of the Heart
Don't miss Matters of the Heart, Metro's exclusive feature series in the Workology section. There are jobs to be had that focus on falling in love, falling out of love and everything in between. We will be digging up the stories for you, so check for Workology on Mondays, Tuesdays and Wednesdays and metronews.ca/work as well.

Workology

UCal goes downtown

The University of Calgary's board of governors approved the location for the school's new downtown campus, which will "quickly become the intellectual and cultural centre, and meeting place of Calgary," officials say. The campus is expected to offer continuing education, executive education and professional development programs. METRO NEWS SERVICES

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

How to get (and keep) the good ones

Matters of the Heart

ROBYN YOUNG
for Metro Canada

She's one of those women you look at and know she's never had a problem attracting or dating men.

Not that she looks like a supermodel; her warm smile radiates confidence and she has a way of making you feel at ease. And it's true, she's never had a problem getting guys — good guys. So what's her secret?

"I've dated quite a bit and had a lot of good relationships," says Kateryna Spiwak, professional dating coach. "And I always managed to screen and select well."

The trick, the petite brunette says, is to never expect anything less than the best.

"I would tell my friends, 'I've met another great guy,' and they would say, 'How do you do it?'"

"How do you not do it?" she asks, incredulous.

Spiwak decided to turn her success with the opposite sex into a career after many years of "coaching" her friends successfully through difficulties with relationships.

Her professional training includes a bachelor's degree in psychology, certification in life skills coaching and certification in human resources management.

One of the biggest mistakes she sees women, in particular, making is they get involved with the wrong men who don't treat them properly, she says.

They put up with them because they don't believe they deserve better.

"I knew that I deserved a good relationship with a great guy who treated me well," she says.

By "great guy" though, she doesn't necessarily mean the athletic, tall, dark and handsome type; or the life-of-the-party alpha male.

"I was never really attracted to the bad boy type," she said. "I have enough challenges in my life, I don't need that challenge as well."

An equal number of men and women come to see Spiwak, and their problems are generally quite similar.

When it comes to the men, some always seem to be looking for the "hottest" girl and miss some really great women along the way.

So one of the key ingredients to finding a good relationship, she teaches her clients, is having a good screening process.

Don't waste your time with people who are not going to treat you the way you deserve to be treated. Secondly, she said, believe in yourself: Have faith and be optimistic that you'll find a loving, lasting relationship and that you deserve it.

Finally, once you've got the relationship, manage your expectations, she said.

"People think that once they're in a relationship, it's all smooth sailing."

Coaching for all seasons

- The main categories of clients who seek out Kateryna Spiwak's relationship and dating coach services are those with minimal dating experience; those with dating experience who aren't getting the results they want; and those who are starting over again. For more information, visit datingessentials.com.

ROBYN YOUNG/FOR METRO CANADA

Kateryna Spiwak is a dating and relationship coach who works with clients to determine if problems they're having could be blocking them from enjoying a lasting, loving relationship.

Group dating, the next singles phenomenon

RAFAEL BRUSILOW
for Metro Canada

If regular dating isn't working for you, why not bring your friends along for the ride?

The phenomenon of group dating, where one posse of single friends collectively goes on a date with another group of eligible singles, is gaining in popularity as daters realize the value of strength in numbers.

While the concept isn't entirely new — meeting people while hanging out with your friends has happened for millennia — social networking tools like Facebook have made group dating much easier to organize and try. Many online dating sites are experimenting with group dating options and some, like recent entry Ignighter (ignighter.com), are banking solely on the fun, stress-free experience group dating promises.

Ignighter initially started as a Facebook application before branching out to a stand-alone site last August. Site co-founder Adam Sachs, 26, says unlike one-on-one dates, which can be tense and awkward, group dates better simulate the natural environment in which most daters meet new people anyways.

"You can meet people like you would in real life, in a safe and less awkward environment, with your friends around. It's a great way to break up a nightlife routine," Sachs said.

Dating groups create profiles including funny stories about each other and nicknames, alongside standard dating details such as personality traits, likes and dislikes. Other dating groups can browse and respond to your group's profile and set up a collective date.

Sachs says user feedback from Ignighter suggests average groups tend to comprise of about three or four people and group dates often tend to be more adventurous.

"Something about (group dating) lends itself to being more creative. We're not seeing a lot of 'dinner and a movie' group dates — think instead laser tag, karaoke, picnics and volunteering. These activities help you get to know the real person a lot better," Sachs said.

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Trent runs interactive virtual tour

Trent University, in Peterborough, Ont., has a virtual campus tour where students guide visitors through various aspects of the university, such as studies, quality of education, athletics, and campus life. METRO NEWS SERVICES

Coping with layoffs

Riding the **Recession**

BRIAN TOWIE
for Metro Canada

Being laid off isn't easy but people must remember it's not the end of the world and it's not their fault.

You might not like it, but you may have to prepare for the day you lose your job.

It's an ugly reality workers face during an economic downturn, especially one as severe as the current crisis Canadians are experiencing. Companies often cut jobs to save on their budget, which might mean layoffs for you or those with whom you work. It's a harrowing experience for those who have gone through it, but if you know your rights and your options, you can survive it and get back on your feet relatively quickly.

"The old saying goes, 'If your neighbour loses his job, it's a recession, but if you lose your job, it's a depression,'" says Laurell Ritchie, national representative for the Canadian Auto Workers union. "These days, many people are nervous about losing their job."

Layoffs aren't always fair. Contracts often dictate the terms of your employment and since they're more than likely drafted by the company, they'll favour its rights over your own. Your province will have employment standard laws in this regard. (Under the Ontario Employment Standards Act, for example, an employer doesn't have to prove "just cause" to get rid of you. But if you feel you've been let go undeservedly, you may have a case to complain to the Ontario Human Rights Commission if you can prove discrimination.) Experts advise consulting an employment lawyer.

"People need to make sure they stay in control of their life." Andrea Garson

Though there's little you can do to prevent it, Ritchie notes there are tell-tale signs that layoffs at your company are on their way.

"Watch out for reductions in work hours that last more than a couple of weeks, especially if the employer doesn't arrange for E.I. work sharing benefits," she said. "Layoffs may also follow if an employer restructures or there's a change in ownership. And of course, layoffs are always a risk when inventories are building up while orders drop off."

"People need to make sure they stay in control of their life," Andrea Garson, vice-president of human resources at Workopolis, said. "Focus on what you can do. Certainly our ability to find more work is dependent on the daily goals we set for ourselves. Accept support from other people. Companies may offer out placement services, which people should absolutely avail themselves of. If you're coping, help your family cope too. Also set up a budget: Life can't go on as normal, so people have to adjust their spending."

Above all else, it's important to remember that you're probably not to blame. In situations of this kind it's the position that has become redundant, not you. Keep in mind that you've still got the skill and experience to find new work, and options are available to help you do that.

"Remember, there are big changes happening in the economy. The layoff is not your fault," says Ritchie.

The time of death is all in the bug count

Odd**Jobs**

Diane Peters

The Lowdown

Job: Forensic entomologist
Salary: Paid as professor by the university; police pay $500 per case to the centre
Education: PhD in animal-related science, plus experience with forensic entomology
Best part of the job: "Knowing my research is having an impact on people."
Worst part of the job: "Trying to raise money for our work and research."

You probably know from cop shows that time of death is important for catching a killer. The medical examiner can usually figure it out from things like body temperature and rigor mortis.

"That's only good for the first 24 hours. After that, it's the insects," says Gail Anderson, professor of criminology and co-director of the Centre for Forensic Research at Simon Fraser University.

As a forensic entomologist (entomology is the study of insects) Anderson, 47, can tell the cops how long a person has been dead based on the bugs found on the decaying body. It's a practice that dates back to 12th century China.

When the police call her in, Anderson or one of her five grad students have a look at the crime scene and take a note of whether the body was in the shade or exposed, ask if the person had been using drugs and take samples of the insects on the scene.

Then it's off to the lab to grow the insects to full maturity, which takes a few weeks. Only then can Anderson and her team determine the bugs' precise species and age. This is important: Different insects show up on a body at different times. The earliest critters on the scene are usually blowflies (the green, buzzy creatures that look like house flies and are very fond of dog poo). Beetles, for instance, show up much later.

The progression of bugs and how long they stay varies from region to region. Anderson refers to published studies, including her own, to decide on time of death. Depending on how much time has passed, she can usually get it down to a range of days.

Through the centre, Anderson assists on about 20 cases a year, helping police from across Canada.

Anderson's interest in bugs was piqued back when she was growing up in England. She was just 14 when she learned about insects in school, and thought they were pretty interesting.

She studied zoology at the University of Manchester, and moved to Canada to take the world-famous masters of pest management program at SFU. While doing her PhD, her supervisor told her there was a demand for mixing her knowledge of bugs with police work. She immediately took to working at crime scenes. "I could see what I was doing was useful. I liked seeing my research applied."

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

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Party for Paris
Paris Hilton threw a wild pink-themed 28th birthday bash for herself Friday evening at her home in Los Angeles that lasted well into the night, with Paris dancing on her stripper pole for guests. She gave partygoers only one rule, "You have to wear pink to get in." INTOUCHWEEKLY.COM

Entertainment

Mommy M.I.A.

M.I.A. followed up her performance at the Grammys last week by giving birth. The Sri Lankan singer said on her MySpace blog that her first baby, a boy, was born on Wednesday.
METRO NEWS SERVICES

EDITOR: DEAN.LISK@METRONEWS.CA

The crying game

Music gives Antony Hegarty freedom to express

ROB MCMAHON
for Metro Canada

A conference call seems a fitting way to connect with Antony Hegarty, of Antony and the Johnsons.

The Mercury Prize winner spoke about his work as a shifting expression of identities, experiences, influences and sounds rather than any fixed product of his imagination. As the interview progressed, his accent changed, and hints of Irish lilt and laid-back Californian bubbled forth and disappeared.

"My speaking voice came as a result of moving around a lot as a kid — it was a coping mechanism, as I adapted my accent to my location," he said. "If I'm speaking to French people, I'll use my French accent; in England I'll use English. I can't control it. But when I sing, I feel like it's my real voice."

When he started singing as a child, report cards praised Hegarty's enthusiasm, but not his prowess. Moving to America from Britain at 11, he turned to pop favourites Boy George and Kate Bush; then moved on to Nina Simone and others in his late teens, absorbing and expressing influences.

"When singing, even when I was very young, (I remember) it felt like a place I could express things I can't express in real life," he said. "I still have suitcases full of cassettes of songs I wrote as a kid."

In concert

- Antony and the Johnsons play the Queen Elizabeth Theatre Tuesday night.

In 1990, Hegarty moved to New York to study experimental theatre and form the cabaret collective Black Lips. Along with singing with disco-house revivalists Hercules & Love Affair, he's worked with Boy George and Lou Reed, as well as Björk, Devendra Banhart and the London Symphony Orchestra.

On his group's latest album, The Crying Light, Hegarty's voice exhibits this multi-faceted personal history — blending feminine with masculine, sad ballads with joyous vibrato choruses, and arranging cello, strings and piano compositions focused on negative space. This description fits Hegarty's approach to music-making in general. Whether lyrical themes, sounds or relationships, he's focused on keeping things open to allow for spontaneous collaboration.

"If all (a song) is, is a document analyzing what I feel individually, it's dead in (the) water. I'm just one of many sources in the work," he said. "What's interesting to me is what happens in dialogue (and through) relationships — that potential to transform the work in performing it."

SECRETLY CANADIAN PHOTO

Antony and the Johnsons frontman Antony Hegarty, above, spoke to Metro about his band's latest album, The Crying Light.

Weekend box office

1. **Friday the 13th:** $42.2 million US
2. **He's Just Not That Into You:** $19.6 million
3. **Taken:** $19.3 million
4. **Confessions of a Shopaholic:** $15.4 million
5. **Coraline:** $15.3 million
6. **Paul Blart: Mall Cop:** $11.7 million
7. **The International:** $10 million
8. **The Pink Panther 2:** $9 million
9. **Slumdog Millionaire:** $7.2 million
10. **Push:** $6.9 million

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Franco gets his Pudding

Pineapple Express star James Franco was chosen Harvard's Hasty Pudding Man of the Year Friday. Franco, who played Harvey Milk's first love in Milk, got a spoof bar mitzvah and was forced to milk a "gay" cow to earn his pudding pot. METRO NEWS SERVICES

At war, home and abroad

STEVE COLLINS
for Metro Canada

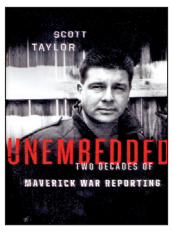
I'm probably not the most objective reader of Scott Taylor's latest book, Unembedded: Two Decades of Maverick War Reporting, his memoir of exposing corruption in the Canadian military and reporting from war zones like Afghanistan, Bosnia and Iraq.

Taylor, editor and publisher of the military magazine Esprit de Corps, is my friend, mentor and onetime neighbour. It's a small country, and the recklessly independent Taylor has made many friends and enemies.

The book's title refers to the practice of "embedding" reporters with military units. Journalists live with the soldiers in the field, depend on them for their safety, and, if their handlers do their job properly, see and report just what the military wants them to.

While media organizations used to shun these sorts of arrangements, the practice has grown as editorial budgets have shrunk, and the temptation to take on the point of view of your hosts and protectors is powerful.

Taylor has long refused to stay with the media tour, and made a point of interviewing the "enemy," whether Serb, Iraqi or Taliban. Travelling on his own ticket, Taylor has often ended up in over his head. In the book, he recounts his sense of "impotence and injustice" witnessing the gang rape of a woman by armed Slovenian paramilitaries and a night in Morocco spent hiding in the bushes from a gang of muggers with switchblades.



When he went missing in 2004, taken hostage by Ansar al-Islam Mujahadeen in Northern Iraq, many, including Taylor, thought his story was over. He describes in brutal detail his five-day crucible, during which he was denounced as a spy, tortured, and told he was to die by beheading before being unexpectedly released.

He was lucky. According to the Committee to Protect Journalists, 41 journalists were killed in the line of duty or targeted because of their work last year, 11 of them in Iraq.

During Esprit de Corps' muckraking '90s heyday, one of Taylor's favourite targets was Robert Fowler, the well-connected civil servant and diplomat who was then deputy minister of defence. In December, Fowler was abducted in Niger, while on a mission as UN special envoy to the country. His whereabouts remain unknown.

"This is something I wouldn't wish on my worst enemy," says Taylor, confirming that Fowler, for years, was just that. The two had finally met and buried the hatchet just a few weeks before Fowler's disappearance when both participated — on the same side — in a debate at Ottawa's Ashbury College.

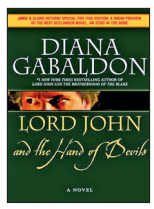
As for Taylor, at 48, he's aware it may be a little early for memoirs, so he ends his tale with these words: "To be continued."

Trio of bizarre tales

BookPicks

Lord John and The Hand of Devils

Author: Diana Gabaldon
Publisher: Anchor Canada
Price: $16.95 (Paperback)



Butchery, betrayal and the bizarre fill the trio of tales in Lord John and the Hand of Devils, which follows the title character through trials involving murder, mystery, lust and disloyalty set against the backdrop of 18th century Europe. First, Lord John discovers dark political secrets when he vows revenge for a government head's murder. Second, a mystic woman who kills Lord John's fellow soldiers in Prussia leads him to understand the dangerous lure of love. Finally, Lord John stumbles upon a traitor in his army while hunting for the source of an exploded cannon in England.

Seer of Egypt

Author: Pauline Gedge
Publisher: Penguin Canada
Price: $24.00 (Paperback)

Alberta-based author Pauline Gedge returns to Ancient Egypt in the second book of The King's Man Trilogy, Seer of Egypt. The volume picks up the story of Huy, whose childhood and coming-of-age was detailed in the series' first novel.

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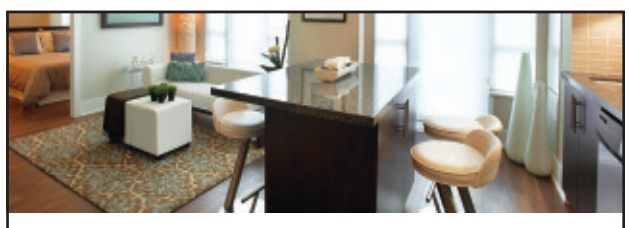
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Harris picks top Dancing contender
Dancing With the Stars doesn't begin until March 9, but host Samantha Harris already has an idea who could be a top contender: Olympic gold-medal gymnast Shawn Johnson. He's among the 13 celebrities vying for the mirror-ball trophy. THE ASSOCIATED PRESS

Glam sets Fashion Week tone

New York Fashion Week kicked off on Friday with glam and elegance setting the tone. Here are some highlights from day one and two:

BCBG Max Azria
Considering how depressing the present is, Max Azria had the right idea by focusing his fall collection on the future. Literally, the idea emerged through gold, metallic leggings paired with dresses that featured geometric shapes and precise cuts or fluid draping. Overall, it was more chic city girl than Judy Jetson.

Jason Wu
Sighs were heard as each one of Wu's breathtaking looks floated down the runway. It started with lady-like separates in mix-matched prints (patterned chiffon blouses with plaid tweed jackets), then transitioning to the real works of art: Elegant, ethereal and fantastical dresses. It was all fit for — forget the first family, more like royalty.

Vena Cava
Lisa Mayock and Sophie Buhai kicked up the wow factor from last season's understated glamour, adding texture and embellishments to their trademark lean silhouettes. Their elegantly edgy motorcycle jackets, asymmetrical blazers, and a silver foil cardigan were pitch-perfect, while the pieces featuring metallic fringe seemed to be a creative miss.

Elise Overland
Rock 'n' roll glam clothes set the tone for the party-like atmosphere at Overland's presentation. The shiny metallic and sequined asymmetrical jackets, trousers, mini skirts and dresses all had a certain "What recession? I'm going clubbing!" air to it. Some favorite moments, though, were the more understated ones such as a loose printed pant paired with a dry seaweed cotton jacket.

METRO WORLD NEWS

METRO WORLD NEWS

BCBG Max Azria

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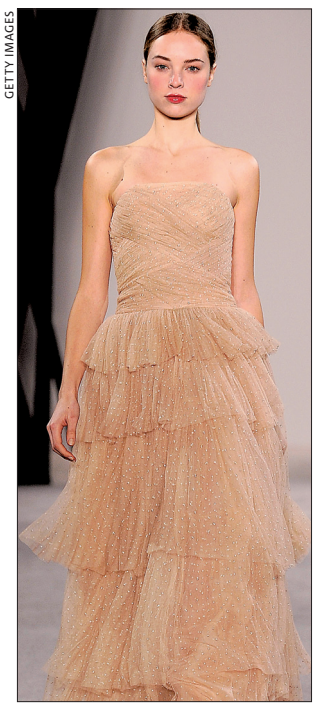
Jason Wu

GETTY IMAGES

Elise Overland

Barbie struts her stuff on the runway

FASHION Barbie lived up to her image as a fashion muse Saturday as the designers tapped to dress the doll for her 50th birthday blowout did so with some of the trends emerging at New York Fashion Week.

Supermodel Heidi Klum was in the packed crowd and, looking like a real-life doll with a new short hairdo, drew almost as much attention as the 50 models who wore Barbie-inspired ensembles. They were created by designers including Michael Kors, Badgley Mischka and Vera Wang, all of whom will preview their fall styles later in the week. THE ASSOCIATED PRESS

In brief

TRENDS The present looks bleak for the fashion industry, so designers at Fashion Week have a solution: The future. Space-age materials and clothes with jutting hips and shoulders made a Jetsons-like splash Saturday. Georges Chakra used liquidy, high-tech fabrics with sharp shapes, continuing a trend seen in the early going of New York Fashion Week. THE ASSOCIATED PRESS

See complete online movie listings, trailers, reviews and purchase tickets at metronews.ca/movies

Entertainment in brief

TV Jimmy Fallon talked excitedly Friday about his upcoming gig hosting NBC's Late Night while at New York Fashion Week. He will host on March 2. THE ASSOCIATED PRESS

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TO	Vu	SC		C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
2/16/09 primetime	265	353	2	TVO	Time Team (N)		The Agenda With Steve Paikin		Midsomer Murders		Auschwitz:Nazi-Final Solution		Agenda-Paikin
	211	331	3	GTV	ET Canada	Entertainment	House "Unfaithful" (N)		24 (HDTV PA) (N)		Heroes "Building 26" (N)		News (N)
	215	343	4	OMN1	Two/Half Men	The Simpsons	News (N)		Vivere Il	News (N)	The Simpsons	King of the Hill	Metropia
	210	302	6	CBC	Coronation St.	Jeopardy! (N)	Little Mosque	Sophie (N)	Just for Laughs (N)		CBC News: The National		The Hour
	214	344	7	CITY	Law & Order: SVU		The Bachelor (N)				True Beauty (N)		News (N)
	212	313	8	CTV	etalk	Hollywood	Big Bang Th	Gary Unmarr	Two/Half Men	Corner Gas (N)	CSI: Miami (HDTV)		News (N)
	218	345	11	E!	The Insider (N)	E! News	The Soup	How I Met	Engagement	Worst Week	Snoop Father	Snoop Father	News (N)
	137	763	13	TFO	Panorama		L'Empire romain		Cinéma "La Blessure"				
	-	-	14	-	Raymond	Raymond	News (N)		News (N)		Two/Half Men	King	Whose Sharia
	213	326	15	SUN	Scrubs	George Lopez	Funniest Pets	Funniest Pets	One Tree Hill (HDTV)		To Serve and Protect		Becker
	-	387	16	CBS	Inside Edition	Hollywood	Big Bang Th	How I Met	Two/Half Men	Worst Week	CSI: Miami (HDTV)		News (N)
	-	385	17	NBC	The Insider (N)	Entertainment	Chuck (HDTV) (N)		Heroes "Building 26" (N)		Medium (HDTV) (N)		News (N)
	-	386	18	ABC	Wheel-Fortune	Jeopardy! (N)	The Bachelor (N)				True Beauty (N)		News
	219	346	20	ACH-B	Instant Star	TMZ (N)	Gossip Girl (HDTV)		Ghost Whisperer		Medium (HDTV) (N)		News (N)
	-	-	28	FOX	Judge Judy (N)	Two-Half Men	House "Unfaithful" (N)		24 (HDTV PA) (N)		Seinfeld	Two/Half Men	The Simpsons
	-	388	61	PBS	News-Lehrer	Time Goes By	Antiques Roadshow (N)		American Experience (HDTV)		Simon Schama's Rough Crossings (N)		
	297	652	330	WPX	Two-Half Men	Family Guy	Gossip Girl (HDTV)		One Tree Hill (HDTV)		PIX News at Ten Tong.		Two/Half Men
	296	654	331	SBK	Wheel-Fortune	Jeopardy! (N)	Dr. Phil (HDTV)		WBZ News (N)	'70s Show	Frasier	Frasier	Punk'd
	298	653	332	TLA	Jamie Foxx	Wayans Bros.	My Wife-Kids	According-Jim	Friends	KTLA News	Two-Half Men	Two/Half Men	Gossip Girl
news	502	390	26	NW	CBC News	Newman	The Hour		CBC News: The National		Beyond Wiseguys: Italian		National
	500	500	33	CNN	Lou Dobbs Tonight		Campbell Brown: No Bias		Larry King Live		Anderson Cooper 360 (HDTV)		
	509	504	79	CNB	Westminster Dog Show		House of Cards				Scam of the Century: Madoff		Marijuana Inc.
sports	405	417	22	net	Skiing FIS Freestyle.		Air Racing Mid-Season Review		Best Damn Sports Show		Sportsnet Connected		Hockey Central
	400	400	30	TSN	That's Hockey!	NHL Pregame	NHL Hockey Ottawa Senators at Nashville Predators. (HDTV) (Live)					SportsCentre	
	411	457	58	OLN	Dog the Bounty Hunter		Survivorman (N)		Mantracker		Dog the Bounty Hunter		Survivorman
	417	406	81	SC	Pimp My Ride	Pass Time (N)	This Week in NASCAR (N)		SuperCars	SuperCars	Barrett-Jackson		Car Crazy
family	551	542	25	YTV	Malcolm-Mid.	Prank Patrol	*Cheaper by the Dozen 2* ★★ (2005, Comedy)				Falcon Beach "Vigil"		Mystery Hnt.
	554	544	45	TEL	Totally Spies	Total Drama	6TEEN	6TEEN	Futurama	Punch	Robot Chicken	American Dad	Moral Orel
	556	540	51	FAM	(6) *Aladdin*	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School	Cory in House	Zack & Cody
cable variety	602	567	27	W	Will & Grace	Friends	How Clean	Kim	Love It or List It		Dollars	Smart Cookies	Maxed Out
	570	580	29	MM	America's Best Dance Crew		Paris Hilton's My New BFF		MuchTopTens		MuchNews	Video on Trial	MuchVibe
	615	520	31	A&E	Intervention "Marie"		Intervention "Chad"		Intervention "Chris" (N)		Paranormal	Paranormal	Paranormal
	700	800	35	TLN	Centrovetrine	Sky TG 24	Carabinieri		Distretto Di Polizia		Raymond	Raymond	George Lopez
	571	581	36	MMM	mmmtop	Revival	Listed "20 Dirty Ditties"		Don't Forget the Lyrics!		Don't Forget the Lyrics!		Where You At
	575	583	38	CMT	All About	All About	Home Improve.	Home Improve.	Reba	Reba	Hope & Faith	Hope & Faith	Coyote Ugly
	616	521	39	SHO	The Outer Limits		Kink in Hair	Kink in Hair	Kenny-Spenny	Rent-A-Goalie	Name Is Earl	Testees	House
	620	523	40	BVO	Hot Dance	Dance With Me	Mozart Decoded		*Magic Flute Diaries* (2008, Musical) Rutger Hauer.				Law & Order
	601	562	41	SLC	Til Debt-Part	Rich Poor	Til Debt-Part	Til Debt-Part	Tabatha's Salon Takeover		Project Runway Canada		ET Canada
	522	506	43	HIS	(6) *M*A*S*H: Goodbye, Farewell, Amen*			M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H
	625	548	44	COM	Air Farce	Just for Laughs		Corner Gas	The Simpsons	South Park	Gilbert Gottfried: Dirty Jokes		Daily Show
	600	564	46	H&G	House Hunters	Property Virgin	For Rent	Income Prop.	Property Virgin	House Hunters	Ambrose Price	Petal Pushers	Holmes-Homes
	294	529	47	TBS	House-Payne	House-Payne	House-Payne	House-Payne	House-Payne	House-Payne	Welcome to	Welcome to	Family Guy
	576	582	49	BET	106 & Park	*Madea's Family Reunion* ★★ (2006, Comedy) Tyler Perry, Lynn Whitfield.					2009 BET Honors		
	627	528	50	SPC	Stargate Atlantis (DVS)		Lost "Hearts and Minds"		Star Trek: Voyager		Sarah Connor Chronicles		Stargate SG-1
	581	566	52	MTV	The City	City Live After	MTV News	Cribs	The Girls of Hedsor Hall		The City	City Live After	MTV Live
	618	524	54	TROP	TV Made, Do It	News Show	Tube Tales	E News	Make or Break	TV Made, Do It	Planet Soap	Reality	Deal-No Deal
	603	561	56	FOOD	Chef at Home	Chef at Home	Restaurant Makeover		Food Detective	Road Tasted	Hell's Kitchen		Chef School
	261	394	60	V	Murder, She Wrote		Eyes Down	May-December	McLeod's Daughters (N)		God Bless	Clergy	Poltergeist
	621	527	63	STR	The Ellen DeGeneres Show (N)		TMZ (N)	etalk	First Class All the Way		The Tonight Show-Jay Leno		TMZ
	553	546	65	TRE	Wonder Pets	Nght Grdn	Friend Rabbit	Franklin	Little Bear	Miss Spider	Comfy Couch	Rolie Polie Olie	Max & Ruby
	115	711	101	TVA	Les Gags	Star Académie:	Annie et ses hommes (N) (SC)		Dr. House (HDTV) (SC)		TVA 22 heures	(10:45) Denis Lévesque	
	126	730	102	RDI	24 Heures en 60 minutes		Grands reportages (SC)		Le Téléjournal (SC)		RDI en direct	Le National	Le Téléjournal
	526	507	249	VIVA	Judging Amy		Commander In Chief		Commander In Chief		Dollars	Body-Evidence	Mediums
	300	601	301	M1	Stargate Atlantis		Sanctuary "Kush"		U.S. of Tara	Secret Diary	ZOS Zone of Separation		Atlantis
	305	612	306	PIX	*All Quiet-Front*	(7:25) *National Lampoon's Senior Trip*			*Blue Velvet* ★★★ (1986, Suspense) Kyle MacLachlan.				*Last Tango*

critics' corner

Kenny vs. Spenny
A sort of cross between "Jackass" and "Fear Factor," starring a live Beavis and Butt-head? Sounds like the television trifecta. Unless you are, feel free to ignore Kenny Hotz and Spencer Rice's off-the-wall competition series. In each episode, the guys try to outdo each other in various goofy competitions. 9 PM on SHO

Heroes
Homeland Security begins an investigation that could expose Nathan's plans. Then Sylar and Luke go on a road trip to find Sylar's father. Meanwhile, things get complicated for the Bennetts when Claire tries to protect a man with abilities. 9 PM on NBC; 10 PM on GTV

Paranormal State
Lisa Hockenberry believes something supernatural is making her and her family sick. Ryan and the team investigate the history of her home and uncover the tragic history surrounding it. We're getting choked up just thinking about it. Things take on a sudden urgency when Lisa is rushed to the hospital. 10 PM on A&E

Jackman's pick

This year's Oscars' host, Hugh Jackman, can't be silent about one thing: His choice for best supporting actor. And the Oscar should go to ... the late Heath Ledger, for The Dark Knight, people.com quotes him as saying. METRO NEWS SERVICES

Celebrity Buzz

Brown says he's sorry

IMAGE Chris Brown broke his silence yesterday, with a spokesperson releasing a statement to the media on his behalf, people.com reports.

"Words cannot begin to express how sorry and saddened I am over what transpired. I am seeking the counseling of my pastor, my mother and other loved ones and I am committed, with God's help, to emerging a better person," the statements reads.

"Much of what has been speculated or reported on blogs and/or reported in the media is wrong. "While I would like to be able to talk about this more, until the legal issues are resolved, this is all I can say except that I have not written any messages or made any posts to Facebook, on blogs or any place else.

"Those posts or writings under my name are frauds," the statement concludes.

Brown, 19, allegedly attacked girlfriend Rihanna, 20, in Los Angeles on Feb. 8. He was arrested and may face charges from the district attorney.

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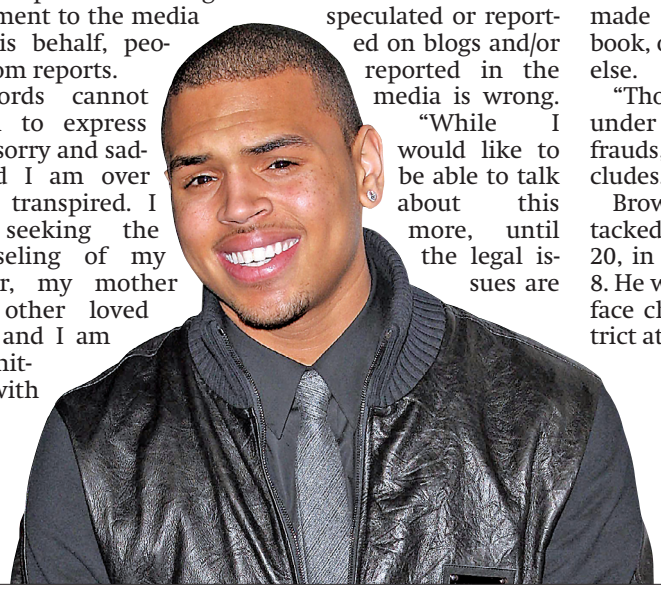

GETTY IMAGES PHOTOS

Simpson shows love

ROMANCE Jessica Simpson was feeling the love on Valentine's Day — throwing out more than one "I love you" to NFL-player boyfriend Tony Romo during her Saturday night performance in Rochester, N.Y., people.com reports.

"I'm celebrating the life I'm living right now," the singer, flaunting muscular bare legs in a sexy black mini-dress, told the nearly full auditorium.

Introducing You're My Sunday, a song she co-wrote for Romo, Simpson, 28, announced, "Somebody came into my life and made me see myself in the best mirror possible, so I wrote this song for her."

Simpson immediately caught her slip. "Ha! Can you imagine?" she said before then joking that she had penned the number for her dog, Daisy.

Looking toward Romo, she said, "Sorry, baby. This song's for you."

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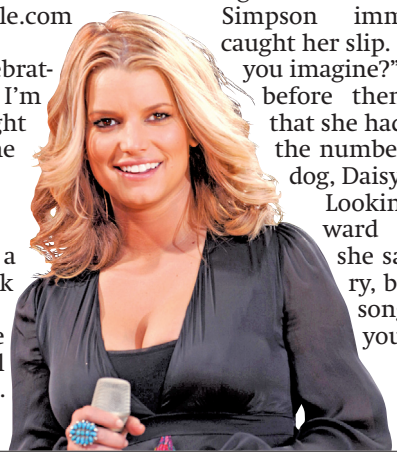

Jolie unnerved by octuplet mom

PEOPLE Angelina Jolie is reportedly "creeped out" by one of her biggest fans, octuplet mom Nadya Suleman.

Sources close to Jolie told the Daily Mail that Suleman has written several letters to Jolie in the past praising the famous actress for her talent and her work with children. Friends of Suleman also say the mother of 14 had plastic surgery in order to look more like Jolie, a claim Suleman has denied.

METRO NEWS SERVICES

Website launches Ledger petition

ONLINE Heath Ledger's fans are getting together to demand that his Oscar-nominated portrayal of the Joker be the last for the famous character.

"We think Heath deserves this honour," TheUltimateJoker.com spokesperson Fer Barbella told CNN from Buenos Aires. "After we saw The Dark Knight, we thought this Joker was really the best. It deserves to be withdrawn from any Batman sequels." The Web site's online petition already has more than 18,000 supporters.

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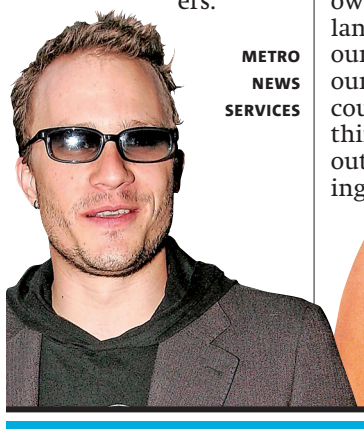

Kate and Leo have a 'secret language'

PEOPLE Kate Winslet and Leonardo DiCaprio have their own "secret language," femalefirst.co.uk reports.

The British actress has revealed the Revolutionary Road co-stars developed a special lingo to help get them through challenging scenes.

She said: "When we filmed difficult scenes we developed our own secret language of our own. With our history we could do anything without feeling stupid."

The 33-year-old actress — who has remained close to DiCaprio since they starred in the 1997 blockbuster Titanic — insists she trusts the 34-year-old actor implicitly, and would even let him hurt her if it improved a scene.

She said: "I would even let Leo physically harm me if it meant making a scene better, and I know he feels the same way. If we didn't have this rare friendship, I don't think we would be able to show that chemistry on screen."

METRO NEWS SERVICES

Katy and Benji hooking up?

PEOPLE Both dealing with recent public breakups, Katy Perry and Benji Madden spent Valentine's Day out together at a nightclub in Las Vegas, according to Perez Hilton. Benji, who recently ended his relationship with Paris Hilton, and Perry, who broke up with Gym Class Heroes singer Travis McCoy, joined a group of friends at nightclub Lavo.

"They were with friends, but you could definitely tell they were on a date," a source says. "There wasn't any public making out, but they were very 'friendly' with each other."

METRO NEWS SERVICES

LiLo, SamRo cancel Florida gig

HEALTH Lindsay Lohan and Samantha Ronson broke some hearts this Valentine's Day, cancelling a party-hosting and DJing gig at a club in Florida because Ronson was too sick to travel.

"We really feel bad, and I work sick when I can, but unfortunately I couldn't drive to Miami, so I'm stuck in New York City with doctor's orders not to fly," Ronson told People magazine.

The pair was spotted out the night before in New York celebrating late into the night after Samantha's sister Charlotte Ronson's fashion show.

METRO NEWS SERVICES

Reese looking for onscreen action

IMAGE Reese Witherspoon wants to star in an action film, femalefirst.co.uk reports.

The Oscar-winning actress would love to become an action hero like Angelina Jolie, and would even consider hitting the gym to get the right physique for the part. The diminutive star is quoted as saying: "I would like to do an action movie. I love to watch Angelina Jolie in movies like Mr. and Mrs. Smith. "I think movies where women have great strength and character are interesting. I'm dying to do one."

METRO NEWS SERVICES

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Today
Partly cloudy
-1° / -8°

Tuesday
Variable
1° / -3°

Wednesday
10+cm of snow
2° / -8°
80%

The Weather Network
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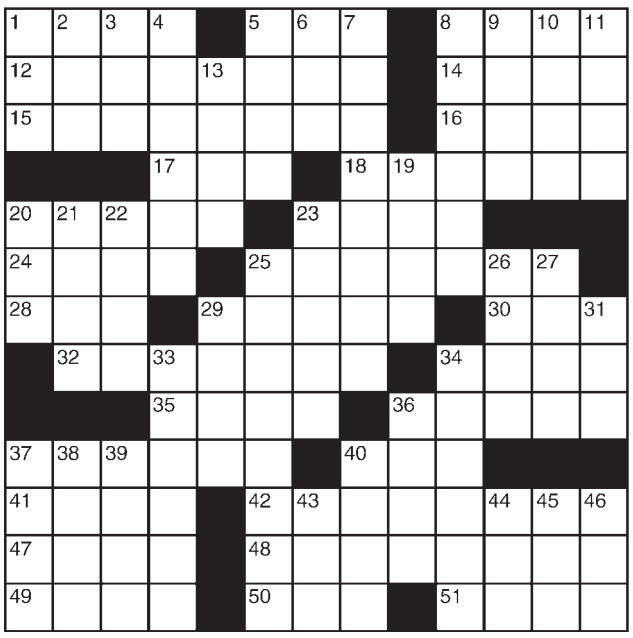
Your Cold & Flu Report is available at theweathernetwork.com

For more delicious Metro recipes, visit: **metronews.ca/food**

Take Five



Crossword across

1 Erstwhile Peruvian
5 Apiece
8 Summer getaway
12 Really scary
14 Curved molding
15 Pay the tab
16 Memorization method
17 Healthy
18 Forest officer
20 Book of photos
23 Ireland
24 Actress Jessica
25 Nouveau riche type
28 Look at
29 Strike zone's lower boundary
30 Lummox
32 Revolts
34 Hint
35 Drenches
36 1-2-3 dance
37 Chevrolet named for an antelope
40 Listener
41 In a few minutes
42 Fasten your seat belts
47 Fat
48 Attack verbally
49 Sicilian spouter
50 Before
51 Requirement

Crossword down

1 Conditions
2 Born
3 Tabby, e.g.
4 Wily
5 Versifier
6 Ostrich's cousin
7 Does an encore, literally
8 Eyeball part
9 Enthusiastic
10 Apportion (out)
11 Equal
13 Slender
19 Carney and Garfunkel
20 Six-pack muscles
21 Stead
22 Traffic noise
23 Tools for duels
25 Wobbly
26 "Shake, Rattle, and —"
27 Lacking slack
29 German canal
31 Tasseled hat
33 African nation
34 Late comic George
36 Hear the alarm
37 Capri, for one
38 Castle protection
39 X-rated material
40 "— homo!"
43 Eg. and Syr., once
44 Away from WSW
45 Beehive State native
46 Spacecraft compartment

Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

					9			
7		8		6			2	1
		6	2	4				
5		7						8
	2						6	
3						1		9
				5	1	3		
6	9			7		5		4
			3					

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

J	I	M	■	T	W	I	N	■
A	N	A	■	H	A	L	O	■
M	A	K	E	O	V	E	R	■
■	■	E	A	S	Y	■	■	A
W	A	S	T	E	■	B	A	R
E	M	U	S	■	S	U	P	E
P	A	R	■	J	U	D	E	A
T	H	E	B	I	R	D	S	■
■	■	■	A	N	D	Y	■	D
B	R	O	N	X	■	■	S	W
L	O	K	I	■	M	A	K	E
A	I	R	S	■	O	D	I	E
B	L	A	H	■	I	A	M	B

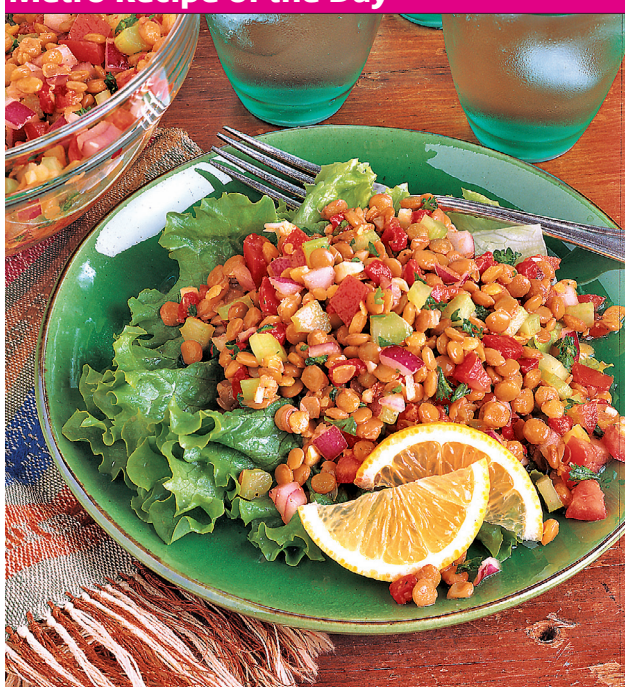
B	A	S	S					
L	I	L	Y					
A	N	O	N					
A	Z	T	E	C				
■	■	■	■	■				
A	N	■	■	■				
A	L	A	■	■				
S	K	I	S	■				
D	O	E	T	H				
I	G	■	■	■				
L	O	V	E	■				
O	I	L	■	■				
D	E	F	■	■				

6	1	7	4	9	5	2	3	8
3	4	9	2	7	8	6	1	5
8	2	5	1	6	3	7	4	9
1	8	3	9	2	6	4	5	7
4	9	6	5	1	7	8	2	3
5	7	2	8	3	4	1	9	6
9	3	4	6	8	1	5	7	2
2	6	1	7	5	9	3	8	4
7	5	8	3	4	2	9	6	1

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:
Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min .....Not bad
25+ min.....Keep practising

Metro Recipe of the Day



Warm Lentil and Roasted Pepper Salad

INGREDIENTS:
3 cups (750 ml) water
1 cup (250 ml) brown lentils
1 tsp (5 ml) salt
1/4 cup (50 ml) chopped parsley
1/2 cup (125 ml) diced, drained, and rinsed canned roasted sweet red pepper
1 medium stalk celery, diced
1/2 cup (125 ml) diced red onion
1 cup (250 ml) diced and seeded plum tomatoes
2 garlic cloves, minced
2 tbsp (25 ml) lemon juice
2 tbsp (25 ml) olive oil
1/4 tsp (1 ml) black pepper

METHOD:
1. Bring water, lentils, and 1/2 tsp (2 ml) of the salt to boil in 3-quart (3-l) pot over high heat. Reduce heat to medium-low and simmer, covered, until lentils are firm but fully cooked, 20 to 30 minutes.
2. Meanwhile, mix parsley, sweet pepper, celery, onion, tomatoes, garlic, lemon juice, oil, black pepper, and remaining 1/2 tsp (2 ml) salt in large serving bowl.
3. Drain lentils, add to serving bowl, and toss. Serve warm with leaf lettuce, goat cheese and bread.

SERVES 4

rd.ca
For nutritional information on this and other great recipes, go to **rd.ca** or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

Horoscopes

AVATAR VENUS

ARIES
MARCH 21-APRIL 20
You'll achieve more when you are respected. A bothersome guy wants to negotiate an ultimatum. You'll have errands to run before you can play around.

TAURUS
APRIL 21-MAY 21
A dark-haired person will talk about affection. Somebody's self-indulgent fantasies will make you crazy. Ease out of a predicament by using your wits.

GEMINI
MAY 22-JUNE 21
An enchanting friend gives you an invitation. Take time out for your own pleasure. You'll have to borrow something from someone you don't like.

CANCER
JUNE 22-JULY 22
Avoid being pessimistic with an offbeat colleague. Have confidence in your good fortune. If you interfere in a spat you'll risk being damaged.

LEO
JULY 23-AUG 23
Help someone to see the big picture. You're reminded of a promise that you forgot. A dispute evaporates when justification is given by the perpetrator.

VIRGO
AUG 24-SEPT 22
A pitiless troublemaker will annoy everyone nearby. Let a powerful man take the lead to eliminate a problem. Don't be sucked into a ridiculous situation.

LIBRA
SEPT 23-OCT 23
A crisis disappoints in one sense but is excellent in another. Don't be bowled over by contradictions. A critical approach won't result in compliments.

SCORPIO
OCT 24-NOV 22
A social test makes you anxious. Problems are forcing you to reassess your life. A manager will give you a generous advantage.

SAGITTARIUS
NOV 23-DEC 21
Leave a bad situation at the first sign of criticism. Don't make important decisions for the next two days. Your smile brings you good luck.

CAPRICORN
DEC 22-JAN 20
Be prepared to have an intense chat. A mocking person makes you wait. Desperate measures will be taken when an objective is suspected to fail.

AQUARIUS
JAN 21-FEB 18
You'll cheer when a courageous dream comes true. Unsettling moments result from a commotion. Question whether your first impression is correct.

PISCES
FEB 19-MARCH 20
A challenging expert creates a drama. You don't have to wade into a battle and play peacemaker. Damage is the topic of an unsettling discussion.

WORDY GURDY®

BY TRICKY RICKY KANE

Every answer is a rhyming pair of words (like FAT CAT and DOUBLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

1. Provide weapons to a barn's place (1)
2. Be in debt to a paid athlete (1)
3. Postage item on a genie's home (1)
4. Silents star Lillian's genie requests (2)
5. Stealthy pursuer of a gabber (2)
6. Funny Burnett's oil containers (2)
7. Catching sight of wood deterioration (2)

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ANSWERS
1. ARM FARM 2. OWE PRO 3. LAMP STAMP 4. GISHS WISHES
5. TALKER STALKER 6. CAROLS BARRELS 7. SPOTTING ROTTING

2-16-09

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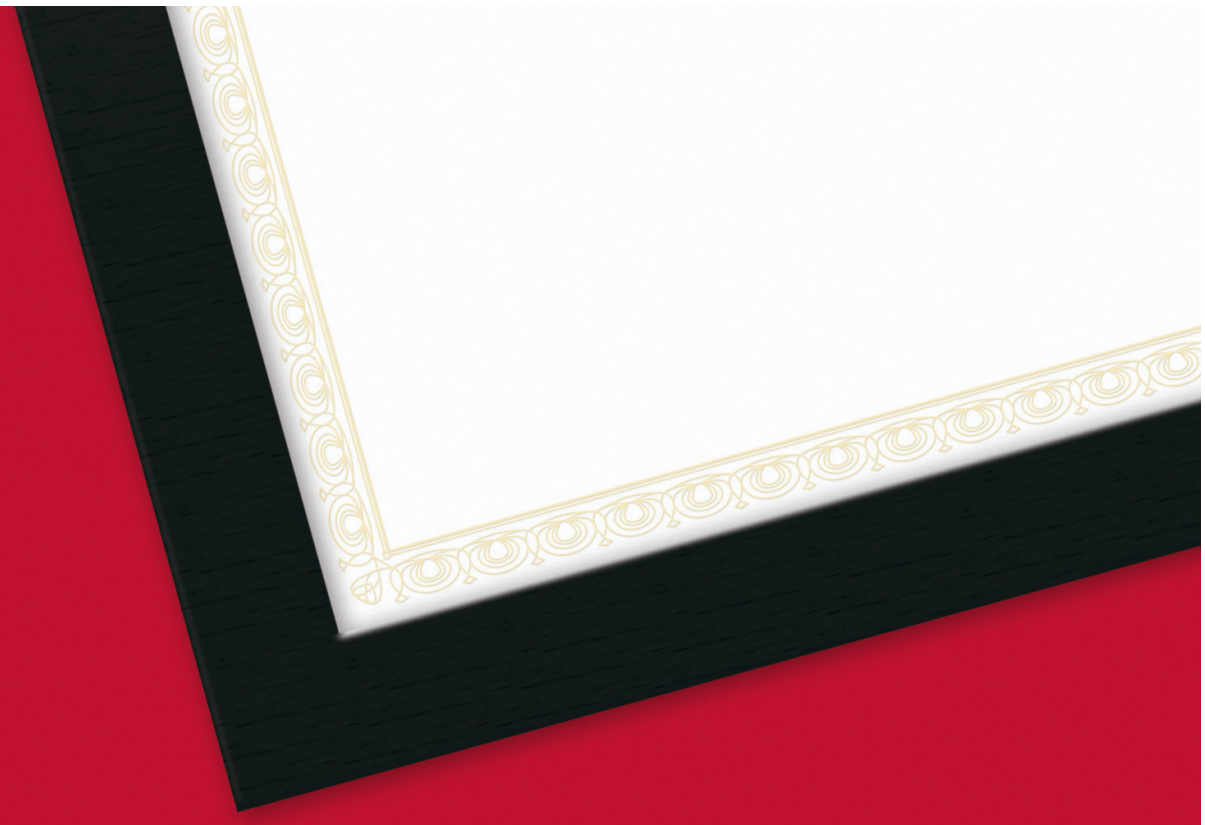

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